

Adult Program Trip Roanoke/Bedford, VA

May 21-23, 2017

This trip is filled with adventure, history, and scenic views from the VA mountains to Roanoke and Bedford. We will be leaving from Anne Gordon Active Adult Center at Millbrook Exchange Park (1901 Spring Forest Road) at 8:00am on Sunday, May 21.

Day 1: The group will travel to the Roanoke Historical City Market. Here you can grab some lunch and enjoy some light shopping or sight seeing. We will then head over to the Center in the Square to tour on your own: Harrison Museum of African American Culture, the Pinball Museum, the Science Museum as well as the aquarium and butterfly garden. Next we will check into The Hotel Roanoke and Conference Center, your home for your next two nights. Enjoy dinner on your own at one of the two restaurants at the hotel or pick from one of the many restaurants close by.

Day 2: Begin your morning with breakfast (on your own) at the hotel restaurants before we head out for a step-on-guided tour of Roanoke's historical sights as well as some of the exciting places in the surrounding area. Next you can enjoy lunch at the Liberty Railroad Station Restaurant, a newly restored station house with a rich colorful background. Following lunch the group will head to The National D-Day Memorial for a guided tour. The memorial is located in Bedford, VA - the community suffering the highest per capita D-Day losses in the nation. The Memorial honors the Allied forces that participated in the invasion of Normandy on June 6, 1944 during World War II. The group will then head back to the hotel for dinner on your own.

Day 3: Enjoy a hot meal at the hotel before you pack your bags for home. The morning is yours to enjoy the town before we head out for home. On the way home the group is heading to Smith Mountain Lake to enjoy a narrated scenic boat tour with lunch aboard the Virginia Dare, 19th Century replica side wheeler. The group will arrive back at the Anne Gordon Center in Raleigh at approximately 5:30pm.

Price Per Person:

Double \$386.00 City of Raleigh Resident Single \$509.50 City of Raleigh Resident

Double \$400.00 Non-City of Raleigh Resident Single \$524.50 Non-City of Raleigh Resident

Price Includes:

Transportation via motorcoach, 2 night hotel stay, baggage handling, Center Square Museums fee, D-Day Memorial fee, Roanoke surrounding area step-on-guided tour, Virginia Dare narrated cruise and lunch, all other meals on this trip will be on your own.

Patron Expectations:

This trip has a moderate volume of walking expected, including some steps, and uneven paths with loose bricks and gravel. Patron must be able to keep to the scheduled timeline of the trip. Please remember there is no one-on-one assistance provided by the escorts.

To register return the bottom portion of the back page with payment to:

Five Points Center for Active Adults 2000 Noble Road Raleigh, NC 27608

Walk-in registrations are taken at Raleigh PRCR facility. Credit Card payments can be made by phone or at any Raleigh PRCR facility. There is no online registration for this trip.



Five Point Center 919-996-4730

Anne Gordon Center 919-996-4720

Walnut Terrace Center 919-996-6160



Price Per Person:

Double \$386.00 City of Raleigh Resident Single \$509.50 City of Raleigh Resident

Double \$400.00 Non-City of Raleigh Resident Single \$524.50 Non-City of Raleigh Resident

Price Includes:

Transportation via motorcoach, 2 night hotel stay, baggage handling, Center Square Museums fee, D-Day Memorial fee, Roanoke surrounding area step-on-guided tour, Virginia Dare narrated cruise and lunch, all other meals on this trip will be on your own.

Cancellation Policy: Cancellations must be made in writing at least 14 days prior to trip departure date to receive a refund. Full or partial refunds will be made only if a replacement can be found, and are subject to non-refundable expenses incurred by the Department. If the Department cancels a trip, a full refund will be given.

Make checks payable to: City of Raleigh

To Register: Complete the form below and return with full payment to:

Adult Program

ma, etc.):

Five Points Center for Active Adults 2000 Noble Road Raleigh, NC 27608

Walk-in registrations are taken at any Raleigh PRCR facility.

physical disability, heart condition, history of seizures, allergies, communicable diseases, diabetes,

Credit Card payments can be made by phone or at any Raleigh PRCR facility. There is no online (RecLink) registration for this trim

For Additional Information Contact: Adult Program Staff at 919-996-4735 or 919-996-4743

Keep top portion for your records

Roanoke/Bedford, VA May 21-23, 2017 #209034

I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, and musculoskeletal injuries, among others. I choose for myself or for my child to participate in the selected programs despite the risks.

By signing the Program Registration form, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the teachers and supervisors of the program.

In return for the opportunity to participate in this program, I agree for myself and for my heirs, assigns, executors, and administrators to release, waive, and discharge any legal rights I may have to seek payment or relief of any kind from the City, its employees or its agents for injury, illness, or death resulting from this program. If I am registering a child for a program, I agree that I am a parent, legal guardian, or am otherwise responsible for the child whose application I am submitting and that I release, waive, and discharge any legal rights that I may assert on behalf of the child participation in the program. I also agree not to sue the City, its employees, or its agents and agree to indemnify the City for all claims, damages, losses, or expenses, including attorney's fees, if a suit is filed concerning an injury, illness, or death to me or to my child resulting from participation in the program

gnature of participant	SIGNATURE	SIGNATURE	
ate signed	DATE		
nderstand that there is no o	one-on-one assistance provided by Raleig	h PRCR Adult Program Staff	Initial
ame of Participant		Name of Roommate	
dress	City	State	Zip Code
	Email:		
lephone			

Director of Raleigh Parks and Recreation Department or the Office of Equal Employment, US Dept. of the Interior, Washington, DC, 20240. The Raleigh Parks and Recreation Department will attempt to provide reasonable accommodations for program participants when the need or accommodation is requested in advance. To ensure a medically safe and appropriately planned program, please list (optional) any special needs or precautions which may require program accommodations for participation (i.e. visual or hearing impairment, mental or

hemophilia, asth-

Food Concerns

Office use:

Staff Initials

Date